

Unity Spiritual Center of San Francisco
2690 Ocean Avenue (at 19th Avenue)
San Francisco, CA 94132

Phone: (415) 566-4122

Website: www.unitysf.org

E-mails: uscsf@att.net (Senior Minister)

uscsfoffice@gmail.com (Asst. Minister/Center Manager)

Office Hours:

Monday — Thursday

10 am to 3 pm

Silent Unity (24-hour live prayer support)

1-800-669-7729

*We celebrate and honor people of every culture,
of every creed, of every religion, of every race,
of every age and lifestyle.*

Our Mission is:

**We are a Creative, Joy-filled Spiritual Community
Dedicated to Healing, Inspiring and Transforming
the Lives of All People Through
Prayer, Education and Love**

SENIOR MINISTER: Rev. Maggie Oman Shannon

ASST. MINISTER/CENTER MANAGER: Rev. Gerry Brague

BOARD OF TRUSTEES

USC Board President: Kathleen Russell

USC Board Vice President: Richard Forbes

USC Board Treasurer: Marcie Guzman

USC Board Secretary: Josephine Tan

USC Board Trustee Elect: Susan Ledford



MARCH 2020



Conversations. Creativity. CommUnity.

THIS MONTH...

Women's Sacred Creativity Circle Sunday, March 1, 12:45 p.m.

USC women are invited to take part each month in the Women's Sacred Creativity Circle, which takes place on the first Sunday of every month following the service. All women are invited to bring any project you want to work on. No previous art experience is required, and all materials will be provided. A \$10 love offering is encouraged for material costs.



USC Is an Election Day Polling Location Again on Tuesday, March 3

Once again, USC is going to be a polling place for our neighborhood precinct. Please do not disturb the equipment that will be delivered ahead of time. Also, if you need to come by USC on Tuesday, March 3, there will not be access to the Fillmore Room and kitchen. Thank you for your understanding.



Reiki I Course Offered March 12-14



Reiki Master **Sheryl Hodgins** is offering a Reiki I course for anyone who would like to learn the art of this gentle and powerful healing method. The class costs \$175 and a deposit of \$50 holds your space. For more information or to register, contact Sheryl.

Service Sunday March 8, 12:30 p.m.

Join with other USC members and friends on Service Sunday to create blessing bags for homeless youth. Together we will assemble bags filled with toiletries and clean socks for youth who have no home. These bags will be donated to Huckleberry House. Donations are accepted also. Especially needed are socks (new only--highest need), combs, travel-sized shampoo, toothbrush cases, razors, and small bottles of hand sanitizer.



ANNOUNCEMENTS

Happy Birthday to You!

Best wishes to members of our USC family whose birthdays are in March:

Nubia Dimick

Abundant birthday blessings to you!

(If your birthday is missing from our list, please contact the office.)



Get Connected, Get Involved:

Start the New Year As A Volunteer!

Here at USC, we have *many* volunteer opportunities...follow your passion and get involved! Possibilities include: ushers and greeters for the Sunday service, Bookstore volunteers; helpers for Children's Church or Teens Church; Sunday hospitality hosting; Newcomer welcoming; office help; Social Events Planning Committee, Fundraising Committee, Outreach and Publicity Team, Gardening Team, Website/Technology team, and more. Volunteering is a great way to get involved, use your skills, and make new friends! If you're able to help out, or would like more information, fill out a lavender brochure (found in the literature rack in the foyer), or speak with Rev. Maggie or Rev. Gerry.



Enjoy Coming to USC? Then Help Spread the Word...

Take a few "calling cards" from the blue bowl on the table in the front foyer or the tiny card rack in the Fillmore Room—and tell your friends and family members about this treasure we've got called USC! Feel free to invite your peeps to the services, workshops, and events we have, as all are always welcome. Our community grows when community members share the news!

ANNOUNCEMENTS

Need a Space to Rent for Your Event? Try USC!

Unity Spiritual Center of San Francisco is available to rent for weddings, workshops, and more—and there's a significant discount if you're a USC member! Call the church office at 415-566-4122 for more information, or pick up a brochure (we have one for rentals and one for weddings) in the church foyer. Tell your friends, too!



Nourish Our Community By Volunteering to Help Out with Hospitality on a Sunday of Your Choice!

If you've enjoyed having tasty treats waiting for you in the Fillmore Room after the Sunday service, then please consider "paying it forward" by contributing to our hospitality table and/or working with a Hospitality Team member to set up and clean up on a Sunday of your choice. To do that, just sign up on the Hospitality sign-up sheet in the back of the Sanctuary or speak to Hospitality Team head **Rosa Bundy**.

Six Ways to Stay Connected to USC Via the Internet

If you want to keep up to date with all the events going on at USC, be sure to "like" the Unity Spiritual Center of San Francisco page on Facebook—just do a search on Facebook for it. We're now also on Pinterest, Instagram, MeetUp and YouTube! In addition, we put out an electronic newsletter each week with news and upcoming events. To sign up, just fill out the white card in the foyer literature rack or on the sheet on the back table in the Sanctuary, or call the office at 415-566-4122.



Set Up an Automatic Monthly Credit-Card Tithe

Many people at USC have enjoyed the convenience of giving an automatic monthly tithe by credit- or debit card. (In addition to supporting USC, you can also rack up miles or other award points faster by doing this!) If you'd like to set up this safe and automatic credit- or debit-card tithe system for 2020, which can be canceled at any time, please contact the church office.



THIS MONTH...

"Let Your Light Shine" Workshop with Rev. Maggie Saturday, March 21, 10 a.m. to 3 p.m.

You won't want to miss Rev. Maggie's workshop for women on Saturday, March 21, in which we'll explore the unique ways we each contribute light to the world; we'll be painting a lighthouse, creating a scroll, and doing other exercises to remind us of the light we add. The cost is \$50, which includes all materials (one half-price scholarship is available). Class size is limited to 5, so do sign up in the Sanctuary. For more details, see Rev. Maggie.

Reiki Sharing Circle at USC Sunday, March 15, 12:30-1:30 p.m.



Experience the spiritual insight, clarity, peacefulness, and unconditional love known as Reiki! Our USC Reiki Sharing Circles are usually on the third Sunday of each month following the service; on February 16, our Reiki practitioners will be offering chair Reiki in the Sanctuary from 12:30 to 1:30 p.m. A love offering is gratefully accepted.

Our Next Spiritual Supper March 22, 12:30 p.m.

The popular spiritual suppers have returned in 2020 and the next one will be on Sunday, March 22. Come to share food and thoughtful conversation with other members and friends of USC.



Easter Bonnet & Wreath Making Workshop Sunday, March 29, 12:45 p.m.

Come and join in the Easter Bonnet and Wreath Making social event following the service on Sunday, March 29. Create a stunning headdress or a decorative wreath to celebrate the season as it approaches and the coming of spring. Join in the fun!



PROSPERITY REPORT

USC Prosperity Report March 2020

In our continuing commitment to openness and transparency, we report to you on the financial health of our spiritual community on a monthly basis. This church is primarily supported by your tithes and love offerings and we thank you for your contributions. We also tithe 10 percent of our revenue to a variety of Unity and community organizations.

Please remember that our expenses continue when you are on vacation. For your convenience, we do accept tithes by credit or debit card; and you can set up an automatic, monthly donation at the amount you choose. Also please note that we do not have an endowment; when we experience a shortfall, monies must be drawn from our limited reserve fund. Thanks for your support!

In January, our total expenses for the month were \$10,105.77, or approximately \$2,350 per week. Last month's (January's) love offerings: \$7,212.53, or approximately \$1,677 per week. (We also received \$13,350 for the Fund-a-Need Drive.) Net income in January (after adding in income from rentals, bookstore sales, and class love offerings) was \$13,465.06.

USC Wish List for March...



You might have something we could use...or maybe you can find a way to get something for us that we need. Watch this space monthly for the Unity Spiritual Center Wish List!

- **One or more volunteers to make our welcome leis and put batteries in our prayer candles**
- **Once-a-month Volunteers for Children's Church**

ANNOUNCEMENTS

News from Children's Church (Every Sunday) and Our Teens Church (2nd and 4th Sundays)...



During the month of March the children will be exploring *Peacemaking*. The children will learn and become more aware of what peace is and what it feels like, so they can make clear choices that create peace in their lives. Knowing that God is always with us is a key to inner peace. We will practice one of our most important Unity tools—the spoken word—and its power to create peace through prayer and affirmations. Our Unity Principle: *God is all good and active in everything, everywhere.* Our Affirmation: *Peace begins with me. I am peaceful.*

Children's Church is in need of volunteers! We invite you to be a part of our children's spiritual journey through your generous time, treasure and talent.

We also invite you to bring your middle-school-aged or older kids to our Teens Church, which is usually held on the 2nd and 4th Sundays of the month (this month, on March 8 & 22) in the Art Attic, led by Rev. Maggie's daughter, **Chloe Shannon**.

—Silvia Grady

Don't forget: There's still time to fill out your Spiritual Community Directory form, which is on the back table in the Sanctuary. The deadline has been extended, so get your form in today!

A Course in Miracles Study Group Continues Every Other Monday from 6:30-8:30 p.m.

A Course in Miracles will continue in 2020 on the first and third Mondays of each month. The dates for the classes in the coming months of the new year are March 2 and 16, April 6 & 20, May 4 & 18. There is no cost to attend this class; a love offering is taken each time. Feel free to invite your friends—everyone is welcome!