

**Unity Spiritual Center of San Francisco**  
**2690 Ocean Avenue (at 19th Avenue)**  
**San Francisco, CA 94132**

Phone: (415) 566-4122

Website: [www.unitysf.org](http://www.unitysf.org)

E-mails: [uscsf@att.net](mailto:uscsf@att.net) (Senior Minister)

[uscsfoffice@gmail.com](mailto:uscsfoffice@gmail.com) (Asst. Minister/Center Manager)

**Office Hours:**

**Monday — Thursday**

**10 am to 3 pm**

**Silent Unity (24-hour live prayer support)**

**1-800-669-7729**

*We celebrate and honor people of every culture,  
of every creed, of every religion, of every race,  
of every age and lifestyle.*

**Our Mission is:**

**We are a Creative, Joy-filled Spiritual Community  
Dedicated to Healing, Inspiring and Transforming  
the Lives of All People Through  
Prayer, Education and Love**

**SENIOR MINISTER:** Rev. Maggie Oman Shannon

**ASST. MINISTER/CENTER MANAGER:** Rev. Gerry Brague

**BOARD OF TRUSTEES**

**USC Board President:** Kathleen Russell

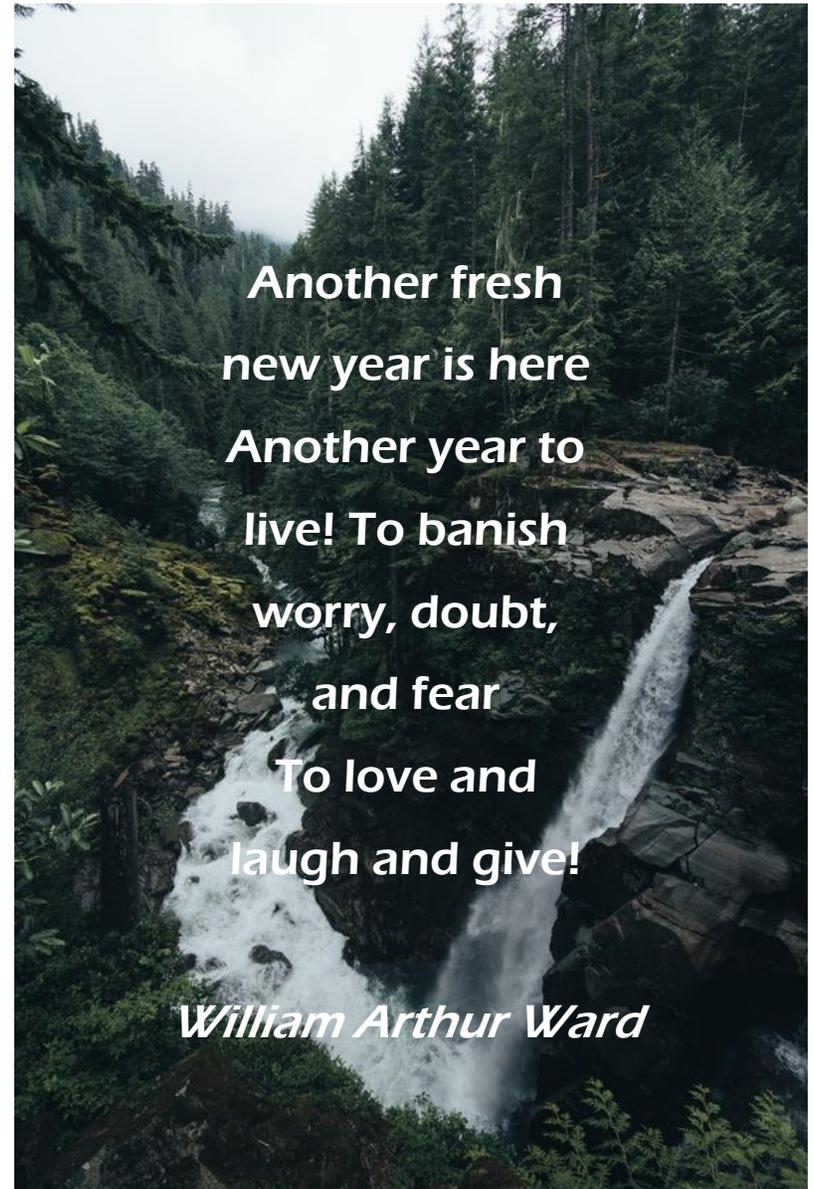
**USC Board Vice President:** Richard Forbes

**USC Board Treasurer:** Marcie Guzman

**USC Board Secretary:** Josephine Tan



**JANUARY 2020**



**Another fresh  
new year is here  
Another year to  
live! To banish  
worry, doubt,  
and fear  
To love and  
laugh and give!**

*William Arthur Ward*

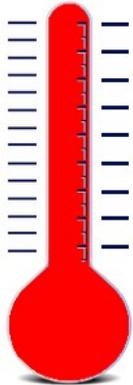
**Conversations. Creativity. CommUnity.**

## THIS MONTH...

### White Stone Ceremony and Vision Board Workshop on Sunday, January 5



During our Sunday Service on January 5, we will hold the very special White Stone Ceremony to begin the new year, during which you listen for a guiding word or phrase. Afterward, you can join us for a Vision Board workshop, in which we will find images and words from magazines (feel free to bring your own) and collage them on a poster board or box, to give us a visual reminder of all that we hope to manifest in 2020. It's a powerful way to start the year!



### Thanks to All Who Gave to Our Fund-A-Need Fundraiser!

At the time of publication, we're not sure if we've met our \$15,000 goal or not...but we know we're close, and we affirm that we will meet our goal! Many thanks to all who have contributed to this fund-a-need fundraiser...you will be seeing the results throughout the

year! (And if you haven't yet donated, there's still time!)



### It's Membership Reaffirmation Time...

If you're a member of Unity Spiritual Center of San Francisco (meaning you took a membership class in the past and became a formal member), it's time to reaffirm your membership for 2020, which gives you voting privileges for the year. There is a form included with this newsletter, or you can pick one up on the table in the back of the Sanctuary. Fill it out, and return it to the office by mail or in person. If you need a form emailed to you, contact Center Manager Gerry Brague at [uscsffice@gmail.com](mailto:uscsffice@gmail.com) or call 415-566-4122. *Forms must be received by January 31.*

## ANNOUNCEMENTS



### Happy Birthday to You!

Best wishes to members of our USC family whose birthdays are in January:  
**Sheryl Hodgins, Rosa Bundy,  
Josephine Tan, Julia Grant**

*Abundant birthday blessings to you!*

(If your birthday is missing from our list, please contact the office.)

### Get Connected, Get Involved: Start the New Year As A Volunteer!

Here at USC, we have *many* volunteer opportunities...follow your passion and get involved! Possibilities include: ushers and greeters for the Sunday service, Bookstore volunteers; helpers for Children's Church or Teens Church; Sunday hospitality hosting; Newcomer welcoming; office help; Social Events Planning Committee, Fundraising Committee, Outreach and Publicity Team, Gardening Team, Website/Technology team, and more. Volunteering is a great way to get involved, use your

skills, and make new friends! If you're able to help out, or would like more information, fill out a lavender brochure (found in the literature rack in the foyer), or speak with Rev. Maggie.



### Open Studio Hours Return in January

The Open Studio Hours will once again be held on Thursdays from 10 a.m. to 3 p.m. Please call first to ensure that a staff person is on site at that time.



## ANNOUNCEMENTS

### Need a Space to Rent for Your Event? Try USC!

Unity Spiritual Center of San Francisco is available to rent for weddings, workshops, and more—and there's a significant discount if you're a USC member! Call the church office at 415-566-4122 for more information, or pick up a brochure (we have one for rentals and one for weddings) in the church foyer. Tell your friends, too!



### We'd Love to Offer Any Treats You Want to Bring!

If you've enjoyed having tasty treats waiting for you in the Fillmore Room after the Sunday service, then please consider "paying it forward" by contributing to our hospitality table. If you'd like to bring something in for a Sunday, please see Hospitality Coordinator **Rosa Bundy** or sign up on the Hospitality sign-up sheet in the back of the Sanctuary.

### Six Ways to Stay Connected to USC Via the Internet

If you want to keep up to date with all the events going on at USC, be sure to "like" the Unity Spiritual Center of San Francisco page on Facebook—just do a search on Facebook for it. We're now also on Pinterest, Instagram, MeetUp and YouTube!

In addition, we put out an electronic newsletter each week with news and upcoming events. To sign up, just fill out the white card in the foyer literature rack or on the sheet on the back table in the Sanctuary, or call the office at 415-566-4122 and ask to be added.



### Set Up an Automatic Monthly Credit-Card Tithe

Many people at USC have enjoyed the convenience of giving an automatic monthly tithe by credit- or debit card. (In addition to supporting USC, you can also rack up miles or other award points faster by doing this!) If you'd like to set up this safe and automatic credit- or debit-card tithe system for 2020, which can be canceled at any time, please contact the church office.



## THIS MONTH...

### A Course in Miracles Study Group Continues Every Other Monday from 6:30-8:30 p.m.

A Course in Miracles will continue in 2020 on the first and third Mondays of each month. The dates for the classes in the coming months of the new year are January 6 and 20, February 3 and 17, March 2 and 16. There is no cost to attend this class; a love offering will be taken each time. Feel free to invite your friends—everyone is welcome!



### Reiki Sharing Circle at USC Sunday, January 19 12:30-1:30 p.m.

Experience the spiritual insight, clarity, peacefulness, and unconditional love known as Reiki! Our USC Reiki Sharing Circles are usually on the third Sunday of each month following the service; on January 19, our Reiki practitioners will be offering chair Reiki in the Sanctuary from 12:30 to 1:30 p.m. A love offering is gratefully accepted.

### Volunteer Appreciation Sunday Is January 26...

Does USC appreciate its volunteers? Indeed we do! And we'll show our appreciation to all who gave their time and talent to USC in 2019 during our service on Sunday, January 26, at 11 a.m. Come and thank them; and, if you've volunteered, accept the appreciation of those you've served. This is also an excellent opportunity for you to consider how you can give some time to USC in 2020.

Following the service, we will hold an appreciation potluck which will also be our first Spiritual Supper of 2020. Come share a meal and spend time with other USC members and friends to connect and reflect on spiritual topics.



WE LOVE  
OUR VOLUNTEERS

## PROSPERITY REPORT

### USC Prosperity Report January 2020

In our continuing commitment to openness and transparency, we report to you on the financial health of our spiritual community on a monthly basis. This church is primarily supported by your tithes and love offerings and we thank you for your contributions. We also tithe 10 percent of our revenue to a variety of Unity and community organizations.

Please remember that our expenses continue when you are on vacation. For your convenience, we do accept tithes by credit or debit card; and you can set up an automatic, monthly donation at the amount you choose. Also please note that we do not have an endowment; when we experience a shortfall, monies must be drawn from our limited reserve fund. Thanks for your support!

**In November, our total expenses for the month were \$10,797.11, or approximately \$2,511 per week. Last month's (November's) love offerings: \$9,652.51, or approximately \$2,2445 per week. Net income in November (after adding in income from rentals not including WW, bookstore sales, and class love offerings) was \$2,130.03.**

### USC Wish List for January...



You might have something we could use...or maybe you can find a way to get something for us that we need. Watch this space monthly for the Unity Spiritual Center Wish List!

- **LED votives or tealights for our prayer candle rack, or CR-2032 lithium batteries**
- **One or more volunteers to take paint cans to be disposed of at your convenience**

## ANNOUNCEMENTS

### News from Children's Church (Every Sunday) and Our Teens Church (2nd and 4th Sundays)...



For the month of January the children will welcome in the New Year by participating in our annual Children's Church White Stone Ceremony, creating a Vision Board for 2019, and making their personal family resolution game. They will explore and learn to trust that God gives us the inner resources and the ability to give of our treasure, time and talent as they set goals for the New Year. Our Unity Principle: *I create my experiences by what I choose to think and what I feel and believe.* Our Affirmation: *God always gives me plenty to spare and plenty to share.*

Children's Church is in need of volunteers! We invite you to be a part of our children's spiritual journey through your generous time, treasure and talent.

We also invite you to bring your middle-school-aged or older kids to our Teens Church, which is usually held on the 2nd and 4th Sundays of the month (this month, just on December 8) in the Art Attic, led by Rev. Maggie's daughter, **Chloe Shannon**.

—Silvia Grady

**Don't forget: There's still time to fill out your Spiritual Community Directory form, which is on the back table in the Sanctuary. The deadline has been extended, so get your form in today!**

### "Listen To Your Heart: A Junk Journal Workshop" with Rev. Maggie

**Saturday, January 18, 10 a.m. to 3 p.m.**

Do you collect old ticket stubs, pamphlets, and other memorabilia? Do you love journaling or scrapbooking? Do you want to make this year more meaningful? If the answer to any of these questions is "yes," then you won't want to miss Rev. Maggie's workshop on Saturday, January 18. The cost is \$40, which includes all materials including a lovely cloth journal. For more details, see Rev. Maggie.